



Dist. 15 files for P.E. waiver despite video plea from Richard Simmons

Daily Herald Staff Report

Published: 12/17/2009 12:00 AM | Updated: 12/17/2009 7:11 AM

More Coverage

Related links

- [Richard Simmons video](#)

Despite a plea from exercise guru Richard Simmons, the Palatine Township Elementary District 15 school board on Tuesday voted unanimously to file for a two-year extension to its current physical education waiver.

The waiver, which will expire after the 2011-12 school year, excuses schools from the state's daily P.E. requirement. District 15 has turned to waivers for several years due to a space shortage at its facilities. In attendance were about 30 Virginia Lake School parents

who oppose the waiver and are upset recess times were shortened this year.

One parent contacted Simmons, who sent a short video asking the board to reconsider.

"I truly believe that a kid who moves is a kid who learns," Simmons says, with people working out behind him. The issue of how to proceed with P.E. in the future will be discussed at January's board meeting. To watch the video, go to dailyherald.com.